

FRIDAY 20TH OCTOBER 2023

PARENT & STUDENT NEWSLETTER

WWW.RAINHILLHIGHSCHOOL.ORG.UK



ELITE PERFORMERS WE WANT YOU!



PARENT & STUDENT NEWSLETTER

Friday 20th October 2023

Dear Parents and Students,

Good afternoon.

Year 11 students have tackled their LP mock examinations with immense maturity and tenacity this week. It is clear from seeing them around school how hard they are working; their attitude completely reflects the school's values.

This week has brought further triumph in sports, with wins in the senior boys' cross country and a tournament second place in girls' football. What shines through in all of the match reports is the determination and perseverance of our sportsmen and women. Well done. Please also take time to read through the information about Elite Performers inside, and some of the sports related books held in the library to support PE being Faculty of the month.

Next week sees the arrival of Alfie, a six-year-old Labradoodle, into the Hub. Alfie will support in a range of emotional regulation and general wellbeing activities in school. Both students and teachers are really looking forward to him joining us.

Have a lovely weekend

Mrs Thorogood, Headteacher.



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| NEXT WEEK FOLLOWS THE WEEK B TIMETABLE | | | | | |
|----------------------------------------|----------------------------------|----------------------------------|----------------------------------------------------------------|----------|---------------|
| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| 23/10/23 | Year 11 LP1 Exams continue | Year 11 LP1 Exams continue | Year 11 LP1 Exams continue Year 7 Hunger Games Film Streaming | | |



NEWS THIS WEEK

ELITE PERFORMERS

Seeking Elite Performers for our PE Elite Performer Wall

Are you an accomplished athlete, or do you know someone who is? We are on the lookout for exceptional talents to be recognized for our PE Elite Performer wall feature.

For our existing Elite Performers, we kindly request that parents confirm their ongoing participation at the required level. If we do not receive a response in a timely manner, we may assume they have shifted their focus away from competitive sports, and their profile may be temporarily removed.

Additionally, if there are any students who excel in their respective sports, particularly in Year 7, we encourage you to reach out to us on Synergy. Please provide details such as the sport, the club you are a part of, the competitions you are engaged in, and the level at which you compete (local, regional, county, national). Your achievements could earn you a spot in our Elite Performers' spotlight.

Mrs Morris, Teacher of PE.

SPORTING NEWS

Just under 30 pupils represented us in the second cross country race of the season. Congratulations to all those who took part at the very difficult Camp Hill. Special mention to Liam J who won the senior boys race. Team results at the halfway point coming soon.

Fantastic to host another Y9/10 girls football tournament at school this week with more schools from Liverpool joining us. Our Y10 team finished second with St Edward's claiming the top spot.

Heartbreak for the Y8 girls football team as they lost 4-3 AET in the national cup. Grit and determination shown in abundance with a fine display in goal from Molly K.

Great game for the Y10 rugby boys as we travelled to Wade Deacon in a friendly game. Match was played in great spirits despite a 26-16 loss. Tries from Francis B, Joe H and Ben M.

Mr Rachi, Head of PE.

SEND HUB DOG - SAY HELLO TO ALFIE

We are delighted to share that Alfie is due to start visiting the Hub soon. Alfie is a 6-year-old Labradoodle with a wonderful temperament. He has passed his public access test and a risk assessment is in place to ensure appropriate protocols are followed. We look forward to our students spending time with Alfie if they wish to. Alfie will assist with general wellbeing, exercise and emotional regulation. If parents of students who visit the Hub have any concerns or queries about the presence of a dog in the Hub, please send a message to SEND via Synergy.

Ms Rothwell, SENDCO.



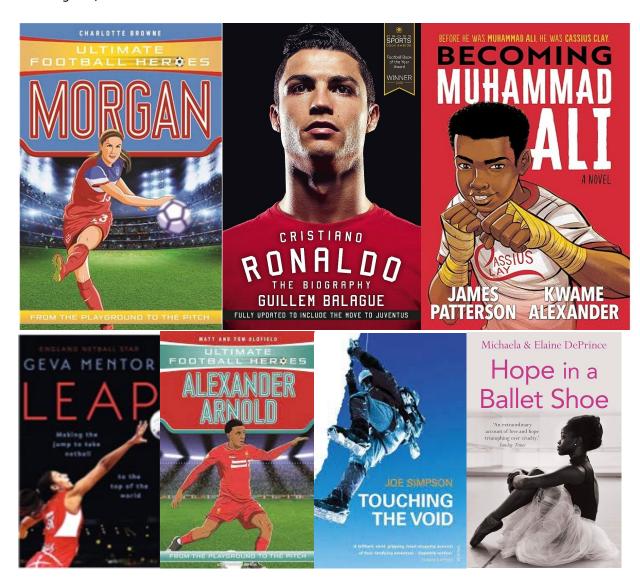


PE AND THE LIBRARY

During the month of October, we are celebrating sport and PE in the library. We have a great array of sport-focused books to interest and intrigue our students. Just as exercise is vital for your body, reading is vital for your brain, and is just as important in maintaining your health and wellbeing.

Below is a selection of books you can find in the library to inspire and motivate you.

Miss Dugdale, School Librarian.



LIBRARY BOOK REMINDER

To keep our library well-stocked, we need our books returned within their two-week loan period.

Please remind your child to help us keep our library tidy and welcoming.

Thank you.

Miss Dugdale, School Librarian.



EUROPEAN LANDMARK COMPETITION



YEAR 11 LP1 TIMETABLE

Monday 16th October – Wednesday 25th October 2023

| | Monday 23 rd October | Tuesday 24th October | Wednesday 25th October |
|--------|-----------------------------------|--------------------------------|------------------------------|
| | BOX B | Science – Paper 3 | All Computer Science |
| | Construction – 1 hour | Physics (Separate) | Paper 2 – 1 hour 30 mins |
| Period | Product Design – 1 hour | 1hr 45mins | |
| 1 | iMedia – 1 hour 30 mins | | |
| | Drama – 1 hour 30 mins | Physics (Trilogy) | |
| | Geography – 1 hour 30 mins | 1hr 15mins | |
| | History – 2 hours | | |
| Period | Exams continuing into Period 2 | Exams continuing into Period 2 | Exams continuing into Period |
| 2 | | | 2 |
| | | BREAK | |
| Period | Lessons as normal | Lessons as normal | Lessons as normal |
| 3 | | | |
| | | LUNCH | |
| | BOX D | BOX C | Lessons as normal |
| Period | GCSE PE – 1 hour | Product Design – 1 hour | |
| 4 | Computer Science – 1 hour 30 mins | Geography – 1 hour 30 minutes | |
| | Food Preparation & Nutrition – 1 | iMedia – 1 hour 30 minutes | |
| | hour 45 mins | History – 2 hours | |
| | RE – 1 hour 45 mins | | |
| Period | Exams continuing into Period 5 | Exams continuing into Period 5 | Exams continuing into Period |
| 5 | | | 5 |

Students MUST report to the Sports Hall (SPH) promptly at 8.50am and 12:50 pm. Lessons run as normal which means pupil attendance is compulsory



SEND STUDENT SUPPORT - REDUCED CAPACITY DURING YEAR 11 EXAMINATIONS

Next week, Year 11 mock examinations are still taking place. A small number of Year 11 students with SEND have access arrangements in place, which require them to have 1:1 support from our classroom support assistants. Please be aware that during this period, in-class and intervention support for our SEND students in other year groups will be slightly reduced. We endeavour to keep changes to a minimum.

Ms Rothwell, SENDCO.

YEAR 13 PREPARATION FOR LP1

Having planned when you will complete your revision it is then important to consider your approach to revision.

Approach subjects differently

Have a varied approach, as certain study methods will suit some subjects better than others. This might depend on how intense the material is, how it will be assessed or simply how you best retain everything.

For example, the following methods might work for you:

- flashcards for key dates in history
- jingles or rhymes for phrases you'll have to speak in a French oral exam
- pictures to identify parts of the human body in biology.

Mix up high, medium and low revision energy activities.

Studying the same way every time can feel boring and it's not the best use of your time. People learn in different ways—and mixing up how you study means you are giving yourself more chances to go deeper into learning a subject.

We suggest you have a mix of high, medium and low energy activities. If you are tired after a long day at school, it makes sense to choose an activity from the low energy list. You are still learning, but it does not feel like a slog. You can put together a menu of high, medium and low energy activities and pin it to a corkboard next to your desk to take some of the guesswork out.

| High energy activities | Medium energy activities | Low energy activities | |
|----------------------------------------------|------------------------------------------------------------|---------------------------------------------------------|--|
| Writing an essay draft | Making flashcardsDrawing a mind | Watching revision videos | |
| Timed exam questions | map | Playing online flashcard games | |
| Full exam paper | Creating a poster topic | like Quizlet | |
| | Summing up class notes | Revision charades with a friend | |

How long to study for?

The length of your study periods can also be flexible according to what works for you. For example, you might find that two 45-minute sessions of maths, with a break in between, are most productive. But you can focus on your chemistry revision for longer periods of time.





ADVANCE NOTICE - YEAR 13 LEARNING PROGRAMME - ASSESSMENT WEEK 1

Monday 6th November 2023 to Friday 10th November 2023 (inclusive)

From Monday 6th November 2023 to Friday 10th November 2023 (inclusive) all students in Year 13 will be undertaking assessments in the subjects they are currently studying. For both A-level and BTEC subjects these assessments will be based on past paper questions, and indeed complete papers, and will be taken under exam conditions to best prepare your son/daughter for final examinations in May/June 2024.

Please find attached the exam timetable so your son/daughter is aware of when their examinations take place. All morning exams will start as soon as possible at 9:00am. It is vital that your son/daughter reports to the Arts Theatre at 8:50am to ensure we have a 9:00am start.

Afternoon examinations commence at 1:00pm. Your son/daughter should report to the Arts Theatre at 12:50pm.

Students for A-level subjects will have study leave during the exam period as follows: -

- 1. The morning before an afternoon exam i.e., Tuesday (am) for an exam scheduled Tuesday pm
- 2. The afternoon before a morning exam i.e., Monday (pm) for an exam scheduled for Tuesday am.

Students completing applied general qualifications and arts courses must attend lessons as normal when not in exams.

Please could you encourage and support your son/daughter to prepare thoroughly for these exams as they will give them a good indication of the progress they have made to date.

The Sixth Form will be providing revision guidance sessions during tutorial periods to ensure your son/daughter can prepare effectively for these important exams. In addition, there is an expectation that your son/daughter will attend their study+ sessions and use this time to effectively prepare.

Mr Cunningham, Director RH6.



| | Monday 6 th November | Tuesday 7 th November | Wednesday 8 th November | Thursday 9 th November | Friday 10 th November |
|-------------|---------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|
| Period 1 | Box J – Paper 1 English Literature - 3 hours ICT – 2 hours 30 minutes Physics – 1 hour 30 minutes Sociology – 1 hour 30 minutes | Box L – Paper 1 Chemistry – 2 hour 30 minutes German – 1 hour 45 minutes Theatre Studies – 2 hours Biology – 2 hours Criminology – 1 hour | Box M – Paper 1 History – 2 hours 30 minutes Geography – 2 hours Computer Science – 1 hour 30 minutes Criminology – 1 hour | Box N - Paper 2 English Language - 2 hours 30 minutes Biology -1 hour Maths - 1 hour Box J - Paper 2 English Literature - 2 hours 30 minutes ICT - 2 hours 30 minutes | Box M – Paper 2 History - 2 hours 30 minutes Computer Science – 1 hour 30 minutes Geography – 1 hour |
| Period 2 | Exams continuing into Period 2 | Exams continuing into Period 2 | Exams continuing into Period 2 | Exams continuing into Period 2 | Exams continuing into Period 2 |
| | | | BREAK | | |
| Period 3 | Lessons as normal | Lessons as normal | Lessons as normal | Lessons as normal | Lessons as normal |
| | | | LUNCH | | |
| Period 4 | Box K - Paper 1 Psychology – 2 hours Law - 1 hour 30 minutes | Box N – Paper 1 English Language – 2 hours 30 minutes Biology – 2 hours Maths – 2 hours Health & Social Care – 1 hour 30 minutes French – 1 hour 45 minutes | Box L – Paper 2 Chemistry – 2 hours 30 minutes German – 2 hours 15 minutes Biology - 1 hour | Box K – Paper 2 Psychology – 2 hours Law - 1 hour 30 minutes Box N - Paper 2 French – 2 hours 15 minutes Box J – Paper 2 Physics – 1 hour 30 minutes | Box N – Paper 3 Maths – 1 hour 15 minutes |
| Period 5 | Exams continuing into Period 5 | Exams continuing into Period 5 | Exams continuing into Period 5 | Exams continuing into Period 5 | Exams continuing into Period 5 |

Students MUST report to the Arts Theatre (ATH) promptly at 8:50am and 12:50pm. Lessons run as normal which means pupil attendance is compulsory





YEAR 11 TASTE OF SIXTH FORM

Dear Year 11 pupil,

I am writing to inform you of the arrangements for the **Taste of Sixth Form Day** which is taking place on **Friday 10**th **November 2023.**

This taster day in Year 11 is where you can experience what Sixth Form lessons will be like. I would encourage you to try a range of subjects. This will build upon your experience in Year 10 where you studied sixth form subjects but had a 'bite-size' session. For some pupils, you will have the opportunity of visiting local college providers to consider their apprenticeship provision.

For those on site, you will have the full use of the facilities at lunch and break time.

You will be given access to your choices via your Year 11 Teams group on **Monday 16th October 2023** to make your choices for subjects to attend that day. We will do our best to accommodate your choices but, in some instances, classes might end up full so we will operate a **first come first served basis** so you would be advised to complete as soon as possible. The deadline for submitting your choices is **Monday 23rd October 2023**.

Your itinerary on 10th November 2023:

| TIME | TASTE OF SIXTH FORM DAY |
|--------------------|------------------------------------------------------------------|
| 8:55am | Registration |
| | Attend your normal Year 11 form room with your tutor |
| 9:10am – 10:10am | First Taster Session |
| 10:10am – 11:10 am | Second Taster Session |
| 11:10am – 11:25am | Break (you may not leave site but may use the Sixth Form Bistro) |
| 11:25am – 12:25pm | Third Taster Session |
| 12:25pm – 1:25pm | Fourth Taster Session |
| 1:25pm – 1:55pm | Lunch |
| 1:55pm – 2:55pm | Fifth Taster Session |

Throughout the day you will be treated as a Sixth Former and you will be expected to behave responsibly, attending all of your sessions on time. If you are not engaging properly with the sessions, you have chosen you will work elsewhere for the rest of the day. We would expect you to dress as a Sixth Former so there is no need to wear your usual uniform and you must come equipped to learn with a bag, pens and paper.

All invited Year 11 pupils are expected to attend as it is a normal school day, taking full advantage of this provision to help you make informed choices regarding your progression after Year 11. All the staff look forward to teaching you on what we are sure will be an informative and productive day.

Yours faithfully,

A) Cunifhan

Mr Cunningham, Director of RH6.

LETTER FROM MERSEYSIDE POLICE



Letter to parents and guardians from Merseyside Police re. Halloween and Bonfire Night

We are writing to all parents and guardians to ask for your help over the upcoming Halloween and Bonfire Night period.

We want everyone to have fun and we'll be working hard to keep you safe, but we need your help:

Know where your children are

- Encourage kids to go to local events that are being organised, or try a spooky film together
- If your children are going out (particularly on the 30th and 31st of October), make sure you
 know where they're going. If possible, drop them off and pick them up
- Don't let your children hang around the street
- · If they're going somewhere local walk there with them
- Have an agreed time when they need to be home
- . Don't buy fireworks or eggs and flour for them, and don't let them take it out of the house

Know the risks

- Throwing things at cars, buses, shops and houses can hurt people drivers might swerve if
 they get distracted and cause a crash, or someone might get hurt by broken glass (and
 scratched paintwork can be very expensive to fix)
- Getting into trouble with the police can lead to a criminal record, which means not being able to go on holiday to countries like the USA, and not being able to do certain jobs
- Messing around with fireworks is dangerous some burn as hot as 1,200 degrees hot
 enough to melt glass and cause serious or fatal injuries

Know the law

If a young person under the age of 16 commits any of the offences below, the parent/guardian will have to pay the fine.

- A person under the age of 16 can be arrested and fined if found with an unlit firework
- A person under the age of 16 can also be arrested and fined if they throw or light a firework or make a bonfire
- A person under the age of 16 can be arrested and fined for throwing things like eggs, flour, paint or other objects at people, vehicles or property

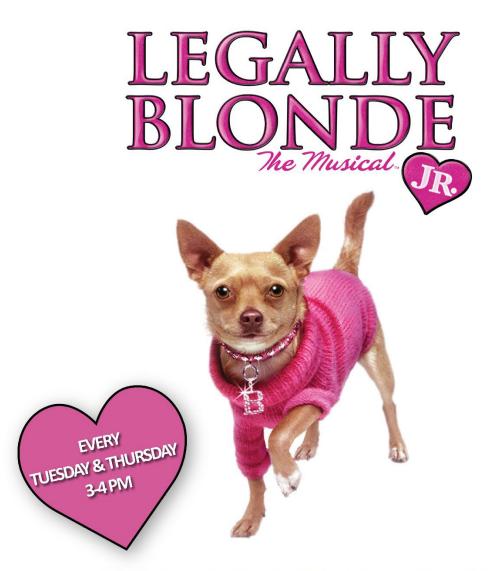
Thank you for your help and support. By working together, we can keep your children safe this Halloween and Bonfire Night.

Merseyside Police



LEGALLY BLONDE THE MUSICAL

RAINHILL HIGH SCHOOL PERFORMING ARTS DEPARTMENT PROUDLY PRESENT



REHEARSALS

Arts Theatre

PERFORMANCE MONDAY 26TH FEBRUARY AT THEATRE ROYAL ST HELENS

Music and Lyrics by Laurence O'Keefe and Nell Benjamin

Book by Heather Hach

Based on the novel by Amanda Brown and the Metro-Goldwyn-Mayer motion picture

This amateur production is presented by arrangement with Music Theatre International

All authorised performance materials are also supplied by MTI

www.mtishows.co.uk



IMPORTANT INFORMATION

REPORTING ABSENCES/LATE TO SCHOOL/FORTHCOMING APPOINTMENTS/UNEXPLAINED ABSENCES VIA ABSENCE TAB ON SYNERGY

Synergy is the primary source of communication from school to all parents in relation to your child.

Synergy also enables daily attendance alerts to be sent to parents and allows you to:

- report your child's absence from school
- query if your child has an unexplained absence mark
- inform the school if your child is going to be late
- let us know of any forthcoming medical appointments for your child
- reply to the Attendance Team if you have received an attendance alert

<u>Please use Synergy to report absences in the first instance</u>. This can be actioned by accessing the contact school option from the home screen, followed by the absence option.

ENRICHMENT TIMETABLE

Please <u>click here</u> to see our Enrichment Timetable.

PE EXTRA-CURRICULAR TIMETABLE

| WINTER EXTRA CURRICULAR TIMETABLE 2023/24 | | | |
|-------------------------------------------|----------------------------------------------------------------|-------------------------------------------------------------|--|
| 15:10 -16:00 | GIRLS | BOYS | |
| MONDAY | MEETINGS | | |
| TUESDAY | Football: All Years Trampolining: Y7- 3-3:30 Y8-11 - 3:30-4:00 | Rugby: Y7 and Y8 Trampolining: Y7- 3-3:30 Y8-11 - 3:30-4:00 | |
| WEDNESDAY | Netball: Y7 and Y8 (Boys welcome) | Football: Y7 Rugby: Y9 | |
| THURSDAY | Netball: Y9 – Y11 (Boys welcome) | Football: Y8 and Y9 Basketball: All Years | |
| FRIDAY | Girls Rugby: All Years Badminton and Table Tennis: All Years | | |

Please note, all clubs are subject to **fixture/facility clashes**, **appropriate and safe weather**, and **appropriate pupil participation**. We aim to give notice to pupils as early as possible when this is the case. Pupils, please speak to staff if you are unsure.



PARENT & STUDENT NEWSLETTER

ANNUAL FLU IMMUNISATION PROGRAMME 2023

<u>Important Information from St Helens Immunisation Team - Annual Flu Vaccination</u> <u>Years 7, 8, 9, 10 and 11</u>

Dear Parent/Carer,

Your child's annual flu vaccination is now due.

This vaccination is recommended to help protect your child against flu.

Flu can be an unpleasant illness and sometimes causes serious complications. Vaccinating your child will also help protect more vulnerable family and friends by preventing the spread of flu.

The vaccination is free and is a quick and simple spray up the nose. Even if your child had it last year, it is recommended to have the flu vaccine again this year. The immunisation team will be coming into school to deliver on Tuesday, 5th December 2023.

Please visit the below link to access further information and complete your child's consent form even if you don't want them to receive their flu spray as this will avoid further communications from our service.

https://econsent.merseycare.nhs.uk/

If you are unable to complete the online form, please contact our team who will be happy to help. If after completing your child's form you attend the GP and your child receives the flu nasal spray or wish to amend their form you must contact the immunisation team directly and not your child's school.

Yours faithfully,

St Helens School Immunisation Services 01744 415 645



SINGING LESSONS





HELP AND SUPPORT

CURRICULUM QUERIES

Heads of Department

| English | Ms Dickman | Philosophy & Ethics | Mr Ernest |
|-------------------------------|---------------|-----------------------|--------------|
| Mathematics | Mrs Hughes | Social Sciences | Mr Bunby |
| | Mr Rimmer | Computer Science | Miss Johnson |
| Science | Mr Flynn | Art Design Technology | Mr Bennett |
| Biology | Dr Gordon | Languages | Miss D'Anna |
| Chemistry | Miss Hesketh | Food Studies | Mrs Bolland |
| Physics | Mr Hurst | Performing Arts | Mrs McCann |
| History & Politics | Mr Fairclough | PE | Mr Rachi |
| Geography | Mrs Parkinson | Life Skills | Mr East |
| | | (PSHE/Citizenship) | |

PASTORAL QUERIES

| Stage 1 | Form Tutor | |
|---------|-------------------------------------|---------------------------------|
| Stage 2 | Year Student Manager/Progress Coach | |
| Stage 3 | Year Progress Leader/Director RH6 | |
| Stage 4 | Deputy Headteachers | Mrs Munro/Mrs Segal/Mr McKeegan |
| Stage 5 | Headteacher | Mrs Thorogood |

Pastoral Structure

| Y7 Student Manager | Mr Heron | Y7 Progress Leader | Mr Shoebridge |
|----------------------|----------------------|---------------------------|---------------|
| Y8 Student Manager | Miss Hill | Y8 Progress Leader | Mr Webster |
| Y9 Student Manager | Mr Moran | Y9 Progress Leader | Mrs Haselden |
| Y10 Student Manager | Mrs Jackson | Y10 Progress Leader | Mr Giles |
| Y11 Student Manager | Miss Gordon | Y11 Progress Leader | Mr Barry |
| RH6 Progress Coaches | Mrs Duffv/Mrs Nugent | Director RH6 | Mr Cunningham |

Communications Policy

Please <u>click here</u> to view our new communications policy.