

FRIDAY 13TH OCTOBER 2023

PARENT & STUDENT NEWSLETTER

WWW.RAINHILLHIGHSCHOOL.ORG.UK

Key Components of Fitness: Cardiovascular Fnd The abilia

ENGLISH

Writing Tips: Show, Don't Tell: Use vivi to pain AV iginal and cre

thagorean Theorem. are the lengths of the two ter sides (legs) of a right es cleur le he hypoteriuse, tright site the right

GEOGRAPHY

Geography Themes:

Physical Geography: Study of ne features like mountains, rivers, climate.

Human Geography: Focuses on peop cultures, and urban development. Environmental Issues: Concerns abou climate change, deforestation, and pollution.

GOOD LUCK YEAR 11 WITH YOUR LP EXAMS

ISTORY

Christianity: The largest world religion, following the teachings of Jesus Christ. Islam: Followers are called Muslims, with the Quran as their holy book. Hinduism: Ancient religion from India

> Claude Monet: 7am. water lily paintings Pablo Picasso: Pioneerer

of Versailles:

Imposed on Germany after WWI. leading to territorial losses and reparations. Blamed Germany for the war. Contributed to economic hardships and political discontent in the Weimar Republic.

Observation: Noting a phenomenon or problem.

Hypothesis: A testable explanation. Experiment: Controlled tests to collect



Friday 13th October 2023

Dear Parents and Students,

Good afternoon.

Autumn is upon us now, after a few glorious sunny and warm days; as usual, the onset of autumn brings LPs and Mock Exams. Our Year 11 exams start on Monday, and the Year 13 mocks are the first week back after half term. Timetables are inside. Students have been working very hard in school and I will take this opportunity to thank you in advance for your support with preparing your children for these.

This week, the PE department has seen another phenomenal week in sport, with wins in netball, football and rugby.

Also inside, pictures of the very impressive baking project can be found on page 3. Well done to Ruby Bernat in Year 7 for her Slovakia cake.

Have a lovely weekend, I hope you manage to enjoy a lovely autumnal walk.

Mrs Thorogood, Headteacher.



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NEXT WEEK FOLLOWS THE WEEK A TIMETABLE					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
16/10/23	Year 11 LP1 Exams start (all week)		Parent Open Morning		



NEWS THIS WEEK

PARENT OPEN MORNING

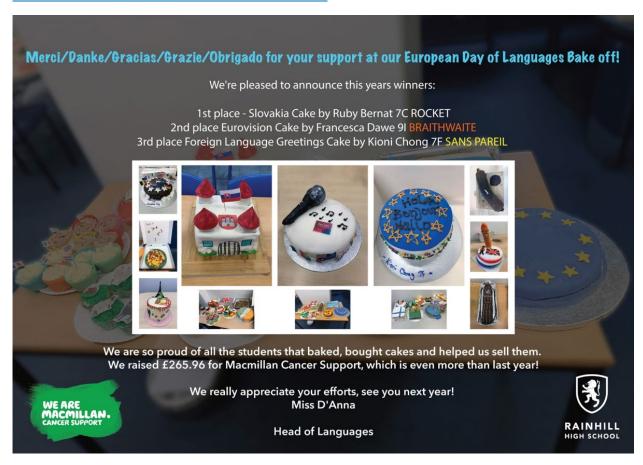
Wednesday 18th October

Our Parent Open Morning will take place between 9:30-11:30am on Wednesday 18th October.

This is an opportunity for parents to make an appointment to see a member of the Senior Leadership Team regarding any aspect of school life or concerns they may have regarding your child.

Please email loraine.potter@rainhillhigh.org.uk to book an appointment.

EUROPEAN DAY OF LANGUAGES BAKE OFF



KEEPING YOUR CHILD SAFE - WHATSAPP

We have been made aware of groups being created on WhatsApp which are harmful for young people. Groups created by strangers with titles such as 'Add all your friends and don't tell your parents' are being used to target children with inappropriate content.

If your child has their own mobile, please be mindful of this potential danger and speak to your child about keeping safe.

Mr Roberts, Assistant Headteacher.





SPORTING NEWS

Our PE Department has been busy this week. It was fantastic to host a Y9/10 girls football tournament this evening and welcome lots of schools over from Liverpool. Congratulations to Belvedere who were the overall winners.

Well done to the Y7 netball teams who experienced their first competitive matches in the St Helens festival with both teams recording two wins

Superb, resilient display by the Y11 boys football team. Liam Johnson (x2) and Nathan Wilson with the goals in a 3-3 thriller.

Sam Dickson with 3 penalty saves saw us through in the National Cup.

Well done to the Y8 Netball team in the Liverpool League this evening. They won 2/3 games. Some lovely passages of play and a real team effort both in attack and defence.

Great run out for the Y9 boys winning 3 of their 4 games in the St Helens rugby festival. Some great performances in the half's by Jake Mullen and Ethan Bass and some strong running from Will Frost.

Congratulations to the Y7 girls football team who progress through to the next round of the National Cup. After a tight first half, the girls ran out comfortable winners with a dominant second half display.

Our Y9 boys rugby team take to the field tonight in the St Helens festival. Hopefully they can build on last week's competitive performance against a strong Cowley side.

Mr Rachi, Head of PE.

THATTO HEATH CRUSADERS







SEND STUDENT SUPPORT - REDUCED CAPACITY DURING YEAR 11 EXAMINATIONS

For the next two weeks Year 11 mock examinations are taking place. A small number of Year 11 students with SEND have access arrangements in place, which require them to have 1:1 support from our classroom support assistants. Please be aware that during this period, in-class and intervention support for our SEND students in other year groups will be slightly reduced. We endeavour to keep changes to a minimum.

Ms Rothwell, SENDCO.

YEAR 11 LP1 PREPARATION

We have the LP's coming up very soon and a chance for pupils to really show how far they have come in Year 11 already. I have recently sent a synergy message to my Maths class in Year 11. At heart I am a Maths teacher by trade, but really enjoy the complexities and joys that come with being their YPL.

Could I ask for all of your support in ensuring pupils are ready for the upcoming LP's:

- Pupils need to complete all homework to the best of their abilities as this supports the work done in school and helps to cement knowledge.
- If they have been identified to attend an intervention session, then they need to attend.
 Teachers are putting on sessions in their own time to support students in the understanding of key topics.
- Can you encourage them to be on time to school in the morning, and as punctual as possible to lessons. Any lost learning time at this point is detrimental to their progress.
- They need to be fully equipped. This includes a calculator. Most pupils own one of these, however they need to be bringing them into school to aid in lessons, especially Maths. If they do not own one, this would be a positive investment and will support their learning. <u>This is</u> more important for the upcoming Maths LP as it will be a calculator paper.
- K2S files. These need to come into school every day, they are used in Year 11 to store any revision or work given to them during the day. Could you please remind them that this is the case and that they are part of daily equipment.

Moreover, it is sometimes hard to remember that all of our Year 11 pupils are still young people as well. Please encourage them to socialise and wind down as well.

If you have any concerns, then please feel free to contact me.

Thanks again.

Mr Barry, Year 11 Progress Lead.



YEAR 11 LP1 TIMETABLE

Monday 16th October – Wednesday 25th October 2023

	Monday 16 th October	Tuesday 17 th October	Wednesday 18 th October	Thursday 19 th October	Friday 20 th October
Period 1	English Language Paper 1 2 hours Exams continuing	Science – Paper 1 Biology (Separate) 1hr 45 mins Biology (Trilogy) 1hr 15 mins Exams continuing into Period 2	Maths Paper 1 1 hour 30 mins Exams continuing into Period 2	Science – Paper 2 Chemistry (Separate) 1hr 45 mins Chemistry (Trilogy) 1hr 15 mins Exams continuing	English Literature Paper 1 1 hour 45 mins Exams continuing
2	into Period 2	Period 2	BREAK	into Period 2	into Period 2
Period 3	Lessons as normal	Lessons as normal	Lessons as normal	Lessons as normal	Lessons as normal
Period 4	All French Listening & Reading Higher Listening — 45 mins Foundation Listening — 35 mins Higher Reading — 75 mins Higher Listening — 60 mins	BOX A Computer Science – 1 hour 30 mins Drama – 1 hour 30 mins Geography – 1 hour 30 mins Food Preparation & Nutrition – 1 hour 45 mins RE – 1 hour 45 mins History – 2 hours	All German Listening & Reading Higher Listening – 45 mins Foundation Listening – 35 mins Higher Reading – 75 mins Higher Listening – 60 mins	All Spanish Listening & Reading Higher Listening — 45 mins Foundation Listening — 35 mins Higher Reading — 75 mins Higher Listening — 60 mins	All French, German & Spanish Written Paper Higher – 75 mins Foundation – 60 minutes
Period 5		Exams continuing into Period 5	Exams continuing into Period 5	Exams continuing into Period 5	Exams continuing into Period 5

	Monday 23 rd October	Tuesday 24th October	Wednesday 25th October
	BOX B	Science – Paper 3	All Computer Science
	Construction – 1 hour	Physics (Separate)	Paper 2 – 1 hour 30 mins
Period	Product Design – 1 hour	1hr 45mins	
1	iMedia – 1 hour 30 mins		
	Drama – 1 hour 30 mins	Physics (Trilogy)	
	Geography – 1 hour 30 mins	1hr 15mins	
	History – 2 hours		
Period	Exams continuing into Period 2	Exams continuing into Period 2	Exams continuing into Period 2
2			
		BREAK	
Period	Lessons as normal	Lessons as normal	Lessons as normal
3			
		LUNCH	•
	BOX D	BOX C	Lessons as normal
Period	GCSE PE – 1 hour	Product Design – 1 hour	
4	Computer Science – 1 hour 30 mins	Geography – 1 hour 30 minutes	
	Food Preparation & Nutrition – 1 hour	iMedia – 1 hour 30 minutes	
	45 mins	History – 2 hours	
	RE – 1 hour 45 mins		
Period	Exams continuing into Period 5	Exams continuing into Period 5	Exams continuing into Period 5
5			

Students MUST report to the Sports Hall (SPH) promptly at 8.50am and 12:50 pm. Lessons run as normal which means pupil attendance is compulsory





YEAR 13 PREPARATION FOR LP1

Having planned when you will complete your revision it is then important to consider your approach to revision.

Approach subjects differently

Have a varied approach, as certain study methods will suit some subjects better than others. This might depend on how intense the material is, how it will be assessed or simply how you best retain everything.

For example, the following methods might work for you:

- flashcards for key dates in history
- jingles or rhymes for phrases you'll have to speak in a French oral exam
- pictures to identify parts of the human body in biology.

Mix up high, medium and low revision energy activities.

Studying the same way every time can feel boring and it's not the best use of your time. People learn in different ways—and mixing up how you study means you are giving yourself more chances to go deeper into learning a subject.

We suggest you have a mix of high, medium and low energy activities. If you are tired after a long day at school, it makes sense to choose an activity from the low energy list. You are still learning, but it does not feel like a slog. You can put together a menu of high, medium and low energy activities and pin it to a corkboard next to your desk to take some of the guesswork out.

High energy activities	Medium energy activities	Low energy activities	
 Writing an essay draft Timed exam questions 	 Making flashcards Drawing a mind map Creating a poster 	 Watching revision videos Playing online flashcard games like Quizlet 	
• Full exam paper	Summing up class notes	Revision charades with a friend	

How long to study for?

The length of your study periods can also be flexible according to what works for you. For example, you might find that two 45-minute sessions of maths, with a break in between, are most productive. But you can focus on your chemistry revision for longer periods of time.





ADVANCE NOTICE - YEAR 13 LEARNING PROGRAMME - ASSESSMENT WEEK 1

Monday 6th November 2023 to Friday 10th November 2023 (inclusive)

From Monday 6th November 2023 to Friday 10th November 2023 (inclusive) all students in Year 13 will be undertaking assessments in the subjects they are currently studying. For both A-level and BTEC subjects these assessments will be based on past paper questions, and indeed complete papers, and will be taken under exam conditions to best prepare your son/daughter for final examinations in May/June 2024.

Please find attached the exam timetable so your son/daughter is aware of when their examinations take place. All morning exams will start as soon as possible at 9:00am. It is vital that your son/daughter reports to the Arts Theatre at 8:50am to ensure we have a 9:00am start.

Afternoon examinations commence at 1:00pm. Your son/daughter should report to the Arts Theatre at 12:50pm.

Students for A-level subjects will have study leave during the exam period as follows: -

- 1. The morning before an afternoon exam i.e., Tuesday (am) for an exam scheduled Tuesday pm
- 2. The afternoon before a morning exam i.e., Monday (pm) for an exam scheduled for Tuesday am.

Students completing applied general qualifications and arts courses must attend lessons as normal when not in exams.

Please could you encourage and support your son/daughter to prepare thoroughly for these exams as they will give them a good indication of the progress they have made to date.

The Sixth Form will be providing revision guidance sessions during tutorial periods to ensure your son/daughter can prepare effectively for these important exams. In addition, there is an expectation that your son/daughter will attend their study+ sessions and use this time to effectively prepare.

Mr Cunningham, Director RH6.



	Monday 6 th November	Tuesday 7 th November	Wednesday 8 th November	Thursday 9 th November	Friday 10 th November
Period 1	Box J – Paper 1 English Literature - 3 hours ICT – 2 hours 30 minutes Physics – 1 hour 30 minutes Sociology – 1 hour 30 minutes	Box L – Paper 1 Chemistry – 2 hour 30 minutes German – 1 hour 45 minutes Theatre Studies – 2 hours Biology – 2 hours Criminology – 1 hour	Box M – Paper 1 History – 2 hours 30 minutes Geography – 2 hours Computer Science – 1 hour 30 minutes Criminology – 1 hour	Box N - Paper 2 English Language - 2 hours 30 minutes Biology -1 hour Maths - 1 hour Box J - Paper 2 English Literature - 2 hours 30 minutes ICT - 2 hours 30 minutes	Box M – Paper 2 History - 2 hours 30 minutes Computer Science – 1 hour 30 minutes Geography – 1 hour
Period 2	Exams continuing into Period 2	Exams continuing into Period 2	Exams continuing into Period 2	Exams continuing into Period 2	Exams continuing into Period 2
			BREAK		
Period 3	Lessons as normal	Lessons as normal	Lessons as normal	Lessons as normal	Lessons as normal
			LUNCH		
Period 4	Box K - Paper 1 Psychology – 2 hours Law - 1 hour 30 minutes	Box N – Paper 1 English Language – 2 hours 30 minutes Biology – 2 hours Maths – 2 hours Health & Social Care – 1 hour 30 minutes French – 1 hour 45 minutes	Box L – Paper 2 Chemistry – 2 hours 30 minutes German – 2 hours 15 minutes Biology - 1 hour	Box K – Paper 2 Psychology – 2 hours Law - 1 hour 30 minutes Box N - Paper 2 French – 2 hours 15 minutes Box J – Paper 2 Physics – 1 hour 30 minutes	Box N – Paper 3 Maths – 1 hour 15 minutes
Period 5	Exams continuing into Period 5	Exams continuing into Period 5	Exams continuing into Period 5	Exams continuing into Period 5	Exams continuing into Period 5

Students MUST report to the Arts Theatre (ATH) promptly at 8:50am and 12:50pm. Lessons run as normal which means pupil attendance is compulsory



YEAR 11 TASTE OF SIXTH FORM

Dear Year 11 pupil,

I am writing to inform you of the arrangements for the **Taste of Sixth Form Day** which is taking place on **Friday 10**th **November 2023.**

This taster day in Year 11 is where you can experience what Sixth Form lessons will be like. I would encourage you to try a range of subjects. This will build upon your experience in Year 10 where you studied sixth form subjects but had a 'bite-size' session. For some pupils, you will have the opportunity of visiting local college providers to consider their apprenticeship provision.

For those on site, you will have the full use of the facilities at lunch and break time.

You will be given access to your choices via your Year 11 Teams group on **Monday 16**th **October 2023** to make your choices for subjects to attend that day. We will do our best to accommodate your choices but, in some instances, classes might end up full so we will operate a **first come first served basis** so you would be advised to complete as soon as possible. The deadline for submitting your choices is **Monday 23**rd **October 2023**.

Your itinerary on 10th November 2023:

TIME	TASTE OF SIXTH FORM DAY
8:55am	Registration
	Attend your normal Year 11 form room with your tutor
9:10am – 10:10am	First Taster Session
10:10am – 11:10 am	Second Taster Session
11:10am – 11:25am	Break (you may not leave site but may use the Sixth Form Bistro)
11:25am – 12:25pm	Third Taster Session
12:25pm – 1:25pm	Fourth Taster Session
1:25pm – 1:55pm	Lunch
1:55pm – 2:55pm	Fifth Taster Session

Throughout the day you will be treated as a Sixth Former and you will be expected to behave responsibly, attending all of your sessions on time. If you are not engaging properly with the sessions, you have chosen you will work elsewhere for the rest of the day. We would expect you to dress as a Sixth Former so there is no need to wear your usual uniform and you must come equipped to learn with a bag, pens and paper.

All invited Year 11 pupils are expected to attend as it is a normal school day, taking full advantage of this provision to help you make informed choices regarding your progression after Year 11. All the staff look forward to teaching you on what we are sure will be an informative and productive day.

Yours faithfully,

Danifhay

Mr Cunningham, Director of RH6.

LETTER FROM MERSEYSIDE POLICE



Letter to parents and guardians from Merseyside Police re. Halloween and Bonfire Night

We are writing to all parents and guardians to ask for your help over the upcoming Halloween and Bonfire Night period.

We want everyone to have fun and we'll be working hard to keep you safe, but we need your help:

Know where your children are

- Encourage kids to go to local events that are being organised, or try a spooky film together
- If your children are going out (particularly on the 30th and 31st of October), make sure you
 know where they're going. If possible, drop them off and pick them up
- Don't let your children hang around the street
- If they're going somewhere local walk there with them
- · Have an agreed time when they need to be home
- Don't buy fireworks or eggs and flour for them, and don't let them take it out of the house

Know the risks

- Throwing things at cars, buses, shops and houses can hurt people drivers might swerve if
 they get distracted and cause a crash, or someone might get hurt by broken glass (and
 scratched paintwork can be very expensive to fix)
- Getting into trouble with the police can lead to a criminal record, which means not being able to go on holiday to countries like the USA, and not being able to do certain jobs
- Messing around with fireworks is dangerous some burn as hot as 1,200 degrees hot
 enough to melt glass and cause serious or fatal injuries

Know the law

If a young person under the age of 16 commits any of the offences below, the parent/guardian will have to pay the fine.

- A person under the age of 16 can be arrested and fined if found with an unlit firework
- A person under the age of 16 can also be arrested and fined if they throw or light a firework or make a bonfire
- A person under the age of 16 can be arrested and fined for throwing things like eggs, flour, paint or other objects at people, vehicles or property

Thank you for your help and support. By working together, we can keep your children safe this Halloween and Bonfire Night.

Merseyside Police



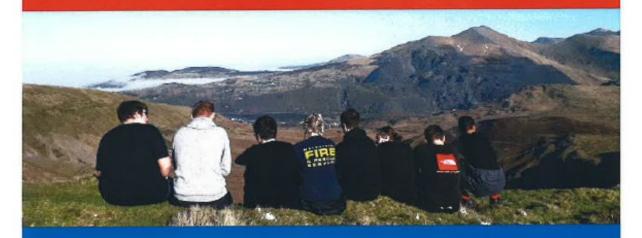
PRINCE'S TRUST

Starting 18th September 2023 Prescot Fire Station Contact Phil- 07719056242 Caroline- 07842027756



PRINCE'S TRUST

A unique opportunity for 16-25 year olds to develop new skills & experience



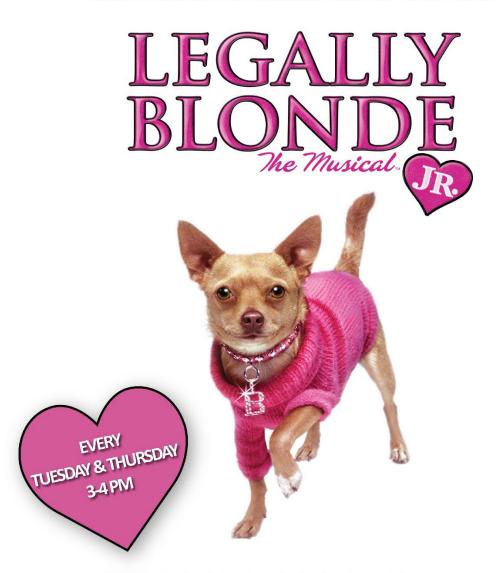
- EMPLOYMENT SKILLS TEAM BUILDING
 WORK EXPERIENCE RESIDENTIAL
 RECOGNISED QUALIFICATION
- Develop key social & practical skills by problem solving & working with others
- Access career advice & improve job prospects
- Give something back by taking part in a community project
- Make new friends, boost confidence & self esteem

WE HAVE **FREE** COURSES STARTING REGULARLY ACROSS MERSEYSIDE.



LEGALLY BLONDE THE MUSICAL

RAINHILL HIGH SCHOOL PERFORMING ARTS DEPARTMENT PROUDLY PRESENT



REHEARSALS

Arts Theatre

PERFORMANCE MONDAY 26TH FEBRUARY AT THEATRE ROYAL ST HELENS

Music and Lyrics by Laurence O'Keefe and Nell Benjamin

Book by Heather Hach

Based on the novel by Amanda Brown and the Metro-Goldwyn-Mayer motion picture

This amateur production is presented by arrangement with Music Theatre International

All authorised performance materials are also supplied by MTI

www.mtishows.co.uk



IMPORTANT INFORMATION

REPORTING ABSENCES/LATE TO SCHOOL/FORTHCOMING APPOINTMENTS/UNEXPLAINED ABSENCES VIA ABSENCE TAB ON SYNERGY

Synergy is the primary source of communication from school to all parents in relation to your child.

Synergy also enables daily attendance alerts to be sent to parents and allows you to:

- report your child's absence from school
- query if your child has an unexplained absence mark
- inform the school if your child is going to be late
- let us know of any forthcoming medical appointments for your child
- reply to the Attendance Team if you have received an attendance alert

<u>Please use Synergy to report absences in the first instance</u>. This can be actioned by accessing the contact school option from the home screen, followed by the absence option.

ENRICHMENT TIMETABLE

Please <u>click here</u> to see our Enrichment Timetable.

PE EXTRA-CURRICULAR TIMETABLE

WINTER EXTRA CURRICULAR TIMETABLE 2023/24				
15:10 -16:00	GIRLS	BOYS		
MONDAY	MEETINGS			
TUESDAY	Football: All Years Rugby: Y7 and Y8 Trampolining: Y7- 3-3:30 Trampolining: Y7- 3-3:30 Y8-11 - 3:30-4:00 Y8-11 - 3:30-4:00			
WEDNESDAY	Netball: Y7 and Y8 (Boys welcome)	Football: Y7 Rugby: Y9		
THURSDAY	Netball: Y9 – Y11 (Boys welcome)	Football: Y8 and Y9 Basketball: All Years		
FRIDAY	Girls Rugby: All Years Badminton and Table Tennis: All Years			

Please note, all clubs are subject to **fixture/facility clashes**, **appropriate and safe weather**, and **appropriate pupil participation**. We aim to give notice to pupils as early as possible when this is the case. Pupils, please speak to staff if you are unsure.





ANNUAL FLU IMMUNISATION PROGRAMME 2023

<u>Important Information from St Helens Immunisation Team - Annual Flu Vaccination</u> <u>Years 7, 8, 9, 10 and 11</u>

Dear Parent/Carer,

Your child's annual flu vaccination is now due.

This vaccination is recommended to help protect your child against flu.

Flu can be an unpleasant illness and sometimes causes serious complications. Vaccinating your child will also help protect more vulnerable family and friends by preventing the spread of flu.

The vaccination is free and is a quick and simple spray up the nose. Even if your child had it last year, it is recommended to have the flu vaccine again this year. The immunisation team will be coming into school to deliver on Tuesday, 5th December 2023.

Please visit the below link to access further information and complete your child's consent form even if you don't want them to receive their flu spray as this will avoid further communications from our service.

https://econsent.merseycare.nhs.uk/

If you are unable to complete the online form, please contact our team who will be happy to help. If after completing your child's form you attend the GP and your child receives the flu nasal spray or wish to amend their form you must contact the immunisation team directly and not your child's school.

Yours faithfully,

St Helens School Immunisation Services 01744 415 645



SINGING LESSONS





HELP AND SUPPORT

CURRICULUM QUERIES

Heads of Department

English	Ms Dickman	Philosophy & Ethics	Mr Ernest
Mathematics	Mrs Hughes	Social Sciences	Mr Bunby
	Mr Rimmer	Computer Science	Miss Johnson
Science	Mr Flynn	Art Design Technology	Mr Bennett
Biology	Dr Gordon	Languages	Miss D'Anna
Chemistry	Miss Hesketh	Food Studies	Mrs Bolland
Physics	Mr Hurst	Performing Arts	Mrs McCann
History & Politics	Mr Fairclough	PE	Mr Rachi
Geography	Mrs Parkinson	Life Skills	Mr East

(PSHE/Citizenship)

PASTORAL QUERIES

Stage 1	Form Tutor
Stage 2	Year Student Manager/Progress Coach
Stage 3	Year Progress Leader/Director RH6

Stage 4 Deputy Headteachers Mrs Munro/Mrs Segal/Mr McKeegan

Stage 5 Headteacher Mrs Thorogood

Pastoral Structure

Y7 Student Manager	Mr Heron	Y7 Progress Leader	Mr Shoebridge
Y8 Student Manager	Miss Hill	Y8 Progress Leader	Mr Webster
Y9 Student Manager	Mr Moran	Y9 Progress Leader	Mrs Haselden
Y10 Student Manager	Mrs Jackson	Y10 Progress Leader	Mr Giles
Y11 Student Manager	Miss Gordon	Y11 Progress Leader	Mr Barry
DUC Drogress Cooches	Mrs Duffy/Mrs Nugant	Director DUC	Mr Cuppingham

RH6 Progress Coaches Mrs Duffy/Mrs Nugent Director RH6 Mr Cunningham

Communications Policy

Please <u>click here</u> to view our new communications policy.